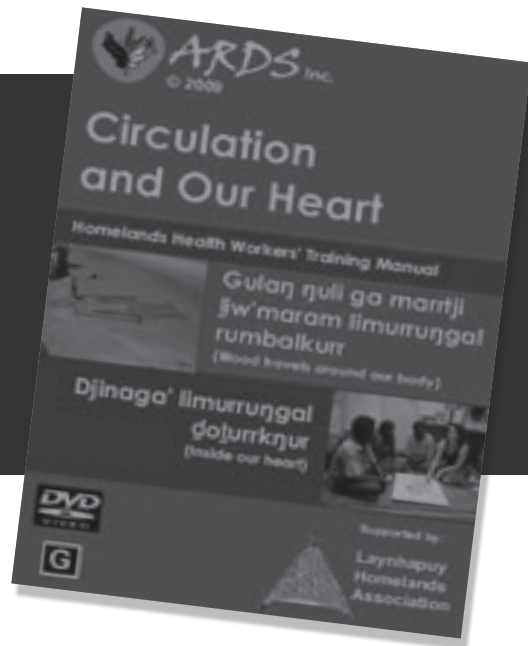


Circulation and our heart

(no date)



Type: Audiovisual

Description:

The DVD covers the topics of circulation and the action of the heart, including the role of heart valves. This information is vital for understanding a wide range of illnesses including cardiovascular and respiratory diseases, such as stroke, heart failure and rheumatic heart disease. The DVD has two chapters:

Chapter 1: Circulation - Gulan nuli ga marrtji jiw'maram limurrungal rumbalkurr, includes:

- how blood moves around the body
- how blood carries oxygen, carbon dioxide and by-products of metabolism

Chapter 2: Inside our heart - Djinaga' limurrungal doturrknur, includes:

- a detailed look at the internal (inside) structure of the heart, and the role it takes in circulation
- how heart valves work and their importance in maintaining good cardiac or heart function

Producer:

Aboriginal Resource and Development Services, Winnellie, NT

To order copies of this resource

Online shop: http://www.ards.com.au/www.ards.com.au/store_health.htm

View website:

Aboriginal Resource and Development Services
<http://www.ards.com.au>

When to use this resource:

This educational DVD was specifically designed for Aboriginal Health Workers, but will also be useful viewing for community members and/or patients. The information is provided in Yolngu Matha with English subtitles and can be used to increase the understanding of a wide range of cardiovascular and respiratory illnesses.